
Assignment Guidance Form

iUSP193 – Treatment modalities to support soft tissue repair

- Research and critically evaluate a variety of modalities to support soft tissue repair

To include the following:

- Treatment options to support soft tissue repair during the acute, sub-acute and chronic stages of injury including aims and protocols
- The use of cryotherapy during soft tissue repair, including:
 - Physiological and neurological effects of ice
 - Methods of application
 - Contra-indications
 - Adverse reactions to cryotherapy and actions to be taken in the event of an adverse reaction
- The use of heat treatments during soft tissue repair, including:
 - Physiological and neurological effects of using heat
 - Methods of application
 - Contra-indications
 - Adverse reactions to heat treatments and actions to be taken in the event of an adverse reaction

Analysis of findings may be presented in any of the following formats:

- Bibliography/reference list
- Appendices
- Peer reviewed journals
- Written presentation
- Internet peer reviewed web pages

Document History

Version	Issue Date	Changes	Role
v1	26/09/2019	First published	Qualifications Administrator