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# Assignment Guidance Form

## iUSP158 – Conduct complex assessment for sports massage

- Research and critically evaluate complex assessment techniques

To include the following:

- Neurological presentation
  - Peripheral nerve pathways
  - Characteristics and organisation of dermatomes
  - Characteristics of myotomes
  - Common causes of neurological damage
  - Common peripheral neuropathy patterns
  - Presentations that require neurological testing
  - Pathophysiology of common neurological injuries/soft tissue dysfunction
  - The importance of referral for neurological testing
- Sports specific posture and gait
  - Gait cycle
  - Methods used to analyse gait
  - Effect of foot deformities on gait
  - Gait abnormalities
  - Effects of postural deformities on sporting performance
  - Principles of sports specific posture analysis
- The principles and practice of complex assessment methods for sports massage
  - Range of complex assessment methods
  - Potential impact of yellow flags on prognosis
  - Red flags and the importance of urgent medical referral
  - Process of clinical reasoning and stages of problem solving

Analysis of findings may be presented in any of the following formats:

- Bibliography/reference list
- Appendices
- Peer reviewed journals
- Written presentation
- Internet peer reviewed web pages

## Document History

Version	Issue Date	Changes	Role
v1	03/09/2019	First published	Qualifications and Regulation Co-ordinator